## Century Ear, Nose and Throat Head and Neck Surgery

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## MEDICATIONS THAT MAY INCREASE YOUR TENDENCY TO BLEED

The following is a list of medications that could cause you to bruise or bleed. The list is not complete, new drugs are added frequently. This list is simply a guideline.

For 2 weeks prior to and 48 hours after the scheduled date of your surgery, please do not take any medication containing aspirin or ibuprofen. Please refrain from taking herbs or vitamins. The medications on this list have an effect on your blood's ability to clot.

Please check the labels of all medications that you take, especially those available without a prescription, to make sure you are not taking any of these substances. Please consult our physicians before stopping any prescribed medication.

If you need a minor pain medication, please take *Tylenol* or another non-aspirin medication.

If you are taking a blood thinner such as Coumadin, Warfarin, Heparin, Xarelto, Pradaxa, Plavix, or Eliquis your family physician will instruct you when you should stop taking it, and when you can resume taking it.

Please notify staff if you are taking any weight loss medications or supplements. These meds can interfere with anesthesia. They must be stopped 2 weeks prior to surgery.

Garlic

Metformin must be held 12 hours prior to surgery.

Advil Children's Aspirin Clinoril Aleve Alka-Seltzer Congesprin Alcohol Cope Coricidin Anacin Anaprox Darvon Ansaid **Darvon Compound APC** Daypro Arthrotec Disalcid Doans Pills Arnica ASA Dolobid Asacol Dristan Ascriptin Easprin Aspergum Ecotrin Aspercream **Empirin** Aspirin Equasgesic **BC** Powder Excedrin Bilberry Feldene Bufferin Florinal Cavenne Fish Oil Cama Arthritis Pain Relief Flurbiprofen Sodium

4-Way Cold Tabs

Diethylpropion

Celebrex

Phentermine

Ginger Ginkgo Biloba Goody's Headache Ibuprofen Indocin Indomethacin Kopak Lodine Lovenox Meclomen Medipren Methotrexate Midol Multivitamins Naprosyn Naproxen Sodium Nolvadex Norgesic Nuprin Oruvail

Pamelor

Percodan Persantine Plavix Relafen Robaxisal Sine-Off Sine-Aid Soma Compound Synalgos-DC Talwin Tamoxifen **Ticlid** Tolectin Trandate Trilisate Vanquish Vioxx Vitamin C Vitamin E Voltaren Zorprin

Pepto-Bismol